

Better Blokes 2019: Elective Summaries

There are two elective sessions on Saturday afternoon.

FAITH - FREEDOM - FULFILMENT!

(Delivered once - Elective session #1)



Paul's heart is to see every bloke set free from the past and find the inner peace we are all looking for.

Paul will share some of the keys he has learnt to getting free and allowing God's peace to flow into every area of our life.

Paul McLaughlin- (watermelon man) is a farmer and lives in the middle of Australia with his wife Rachel and 4 children.

Paul has attended 6 Better Blokes and loves to share his journey- the highs and lows of life!!

(Delivered Once - Elective session #1)

WHY AM I SO ANGRY?

Have you ever asked why am I so angry?

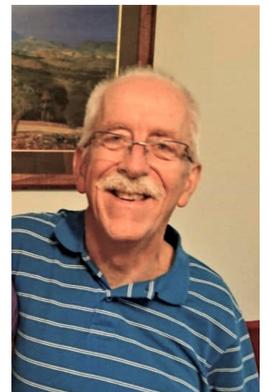
Measure your anger quotient (A-Q).

Is anger always wrong?

Learn some of the more common causes of anger.

Is there a healthy and unhealthy expression of anger?

Can Paul's words to the Philippian church help us tame our strongest emotion?



With more than 40 years preaching; leading men's outreach ministry, running men's retreats, working as a counsellor and presently involved in a secular ministry, Wayne Martin is a wealth of knowledge and is ready and willing to share it!

USING THE SPEED BUMPS OF LIFE FOR RELATIONAL GROWTH

(Delivered Once - Elective session #1)

Successful relationships are about harnessing the growth potential out of the difficult and challenging time that every couple experience.

Unfortunately, most couples spiral into unhealthy conflict at these times and develop patterns that hinder growth. In this session we will unpack 'The Four Horsemen of the Apocalypse' (Gottman & Silver, 1999), as indicators of unhealthy conflict and discover some tools for growth and change leading to smart conflict which leads to a healthier and richer relationship.



Peter Janetzki is a passionate husband, father, grandfather and Lions supporter. He has served as a featured guest at Better Blokes in the past, sharing his experience and wisdom drawn from counselling, educating and time as talkback host on Brisbane's 96.5FM 'Talking Life' program.

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GOD'S MONEY MATTERS – BIBLICAL WAYS TO MANAGE MONEY IN 2019 (Delivered Once – Elective Session #1)



We all know how to lose weight... eat less, move more – Right? We also all know how to become financially more successful, spend less than we earn and invest. Simple. However why are Aussie's spending millions of dollars a year on weight loss and financial planning strategies? Learn what 30 years of being a financial planner has taught Darren about what works and what doesn't. Simple real-world money management strategies that are guaranteed to work every time.

Darren Laudenbach is a people builder & developer, an entrepreneur, keynote speaker, trainer, educator, presenter, property & finance expert consultant and coach.

HOW CAN I BE 100% CERTAIN I'M GOING TO HEAVEN WHEN I DIE?

(Delivered Once – Elective session #1)

(NOT 95%... NOT 90%)

To be not quite sure what will happen when we die rips off our confidence, steals our enjoyment of life, and makes us just a bit scared of facing God. Many of us wonder if we are okay enough for God, or if we have somehow accidentally disqualified ourselves. The fears about eternity only get bigger and meaner until we turn and face them and see exactly what the Bible says. Today we are going to face these big questions and leave with rock-solid answers and complete certainty one way or the other.



Michael Clark is a husband, dad and leader of men who grew up when he finally realized that being 'a Man' is not measured by how people view you... that Manhood is determined by how you view yourself.

FORTIFY - (YOUNG MEN'S SHED)

(Delivered Once – Elective session #1)

We want to meet all the young men that are coming to Better Blokes and provide a space to create friendships. We will share our stories with each other, get real about our struggles and encourage each other into God's Truth and His Love. We'll split our elective time between people sharing to the whole group and splitting up into small groups to connect with each other more easily.



Joel Bartholomaeus is a champion son of the King who lives with his beautiful wife and two daughters in Walla Walla, NSW. He enjoys singing, playing piano, Maths and chatting to and encouraging young blokes with where they are at and the faith journeys they are on.

Zach Storm is a 26 year old single guy, who grew up in Temora NSW, has lived in Murrumbateman, Canberra & Sydney, and is now back living and working at Warrambui. In the last year and a half, God has taken Zach on an amazing journey getting to re-know Him which has dramatically changed the way he sees and relates to God and His Word. He is so keen to share his re-birthed faith with the young blokes.



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(Delivered once
Elective session #2)

MOSQUITOES AT A NUDIST COLONY (IS BUSYNESS GETTING THE BETTER OF YOU?)

“G’Day mate, how yer goin’?” “Not bad. Been pretty busy lately...”



We have all been caught up in the busyness of life. It is hard to strike a balance between doing nothing, and having a crack at everything. This session will take a look at some key reasons for busyness, discover a few biblical tools to help get to the heart of the problem, and discuss some practical ways to keep things sane.

Mark Vanderstoep enjoys plenty of things in life – family, camping, sport, reading and encouraging his mates in their faith... although making that all happen can be quite a challenge. Married to Angela for 22 years, they have five children between second year Uni and Year 2. Mark teaches Phys Ed and Photography in the ACT (and is living the dream). He gathers with Southgate Christian Community, and enjoys the connections with locals who love Jesus.

LOVE, LUST, & PORN: A DISCUSSION ABOUT THE IMPACT OF PORN ON US BLOKES AS WELL AS ON OUR WOMEN (Delivered Once – Elective session #2)



In this elective we will have an honest chat about porn; its progression from playboy to video hits, what makes it such a big industry, why many blokes struggle with it, what impact it has on our women, our relationships, our community, and ourselves, & what we can do to win the war against porn.

Peter Janetzki is a passionate husband, father, grandfather and Lions supporter. He has served as a featured guest at Better Blokes in the past, sharing his experience and wisdom drawn from counselling, educating and time as talkback host on Brisbane’s 96.5FM ‘Talking Life’ program.

(Delivered Once – Elective session #2)

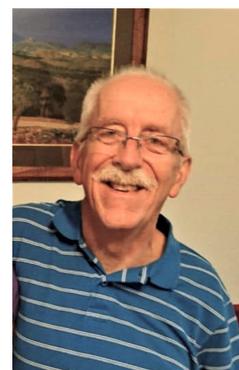
PARENTING AFTER SEPARATION

God is interested in how we do all our relationships. What does it look like to have a respectful relationship for continued parenting after separation?

What if all trust has gone?

Learn simple strategies to support you in your co-parenting.

With more than 40 years preaching; leading men’s outreach ministry, running men’s retreats, working as a counsellor and presently involved in a secular ministry, Wayne Martin is a wealth of knowledge and is ready and willing to share it!



GOD’S BUSINESS MATTERS – BUSINESS BY “THE BOOK” (Delivered Once Elective session #2)



Are you running a business God’s Way? What does that even mean?

Learn what God has shown us in His word about running a successful business. Jew’s are known to be very successful business owners – find out why. This session will include a Q&A where Darren will answer your questions and share his vast business knowledge and real world experience of 30+ successful years in business.

Darren Laudenbach is a people builder & developer, an entrepreneur, keynote speaker, trainer, educator, presenter, property & finance expert consultant and coach.

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EXPERIENCING JOY WHEN LIFE IS HARD

(Delivered Once - Elective session #2)



Life is freaking hard for most blokes, most of the time. So how are we supposed to feel successful and joyful on the tough days? I mean, doesn't anyone else realise that deep down we often feel like we're faking it just to get through most days? We'll look at what the Bible says about how to get rock-solid joy (which is easier than people realise). Also, discover 5 road-tested things we can do daily to jam some joy and freedom into our lives, in less time than it takes to brush your teeth.

Michael Clark is a husband, dad and leader of men who grew up when he finally realised that being 'a Man' is not measured by how people view you... that Manhood is determined by how you view yourself.

MATTER OF THE HEART

- EXPERIENCING MORE THROUGH AUTHENTIC WORSHIP

(Delivered Once - Elective session #2)

There is a great surgeon who continues to work on our hearts. As our hearts change and as we understand who He is, our lives can be truly transformed in His presence through authentic worship. In this elective we will explore God's design and desire for worship and spend time in the act of worship to our great God.

Roger Nicoll has a heart for sharing the Good News and encouraging others into a stronger place with God. Roger has passion for prayer and worship flowing out of close relationship with the King of Kings.



ELECTIVE SESSION #1

1. Faith - Freedom - Fulfilment! - Paul McLaughlin
2. Why Am I So Angry? - Wayne Martin
3. Using the Speed Bumps of Life for Relational Growth - Peter Janetzki
4. God's Money Matters - Biblical Ways to Manage Money in 2019 - Darren Laudenbach
5. How can I be 100% certain I'm going to heaven when I die? - Michael Clarke
6. Fortify - Young Men's Shed - Joel Bartholomaeus & Zach Storm

ELECTIVE SESSION #2

1. Mosquitoes at a Nudist Colony (Is busyness getting the better of you?) - Mark Vanderstoep
2. Love, Lust & Porn - Peter Janetzki
3. Parenting After Separation - Wayne Martin
4. God's Business Matters - Business by "The Book" - Darren Laudenbach
5. Experiencing Joy When Life Is Hard - Michael Clark
6. Matter of the Heart- Roger Nicoll

**Elective arrangement subject to changes