Better Blokes 2017
Battling the same old, same old of mid-life

Honour where you’re at
Always purpose in the season, Eccl.3.1

Managing regret
What has been done has been done;
What has not been done has not been done.
Let it be

NZ Anglican prayer book

Sharpen your focus
Jesus set His face like a flint, to go up to Jerusalem
Create new memories

I came that you may have and enjoy life and have it in abundance, until it overflows.

John 10:10

Bring God into your mealtimes, your work and your relationships

- Eccles. 5: 19, 20: “this is the gift of God...he will not dwell unduly on the days of his life, because God keeps him busy with the joy of his heart”
- 9:9: “Live joyfully with your wife whom you love...for that is your portion in life, and in the labor that you perform under the sun” (NKJV).