

## First Meeting Worksheet

We assume you've already had some informal discussions with your mentoree, and you've:

- Shared a bit about your lives and history with each other
- Discussed areas of the potential mentoree's life in which you could help them grow
- Discussed ideas for 'homework' – how the mentoree will pursue growth in these areas between meetings
- Determined basic 'compatibility' in the relationship
- Discussed possible meeting times and the duration of the relationship

And now you're both ready to make a commitment! So you need to decide how it's all going to work. Work through the questions below and write your answers down. They'll help you stay on track through the course of the relationship.

Mentor:	Mentoree:	Date:
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What major areas of your mentoree's life will this mentoring relationship cover?

What is your mentoree's goal in each of these areas?

What are the major obstacles to these goals?

Agree on a list of questions (at least one for each goal) that you will ask your mentoree every time you meet. The questions should focus on keeping your mentoree accountable to working towards their goals.\*

Agree on what actions your mentoree will take to prepare for each meeting (i.e. journaling, Bible reading, prayer, ministry participation, service...)\*

How often will you meet with your mentoree, and how long will you commit to this relationship before re-evaluating it?  
When will you meet and where?\*

\* Provide a copy of the answers to starred questions to your mentoree as soon after the meeting as possible.